

**CFYN Tigershark High School**  
**Pre-season/Post-season Program**

Full Program	Fall Athlete Program
<p><b>Cost:</b></p> <ul style="list-style-type: none"> <li>• \$190 first swimmer \$165 each additional swimmer</li> <li>• YMCA membership costs -\$13.39/month arranged with the YMCA (Required)</li> </ul> <p><b>Includes:</b></p> <ul style="list-style-type: none"> <li>• Pre-season Practices: <b>September 6<sup>th</sup> – November 3<sup>rd</sup></b> <ul style="list-style-type: none"> <li>○ University of Akron: Mon +Wed – 4:00-5:30 Pool + 5:30-6:00 Dryland</li> <li>○ University of Akron: Tues-Thurs. - 4:00-6:00 Pool (No Dryland)</li> <li>○ University of Akron: Fri. 4:00-5:30 Pool (No Dryland)</li> </ul> </li> <li>• All YMCA Pre-season and Post-season meets</li> <li>• Awards for meets, post season, seasonal etc...</li> <li>• Team t-shirt</li> <li>• Post-season practices</li> <li>• Optional USA program (\$86)</li> </ul>	<p><b>Cost:</b></p> <ul style="list-style-type: none"> <li>• \$95 each swimmer</li> <li>• YMCA membership costs -\$13.39/month arranged with the YMCA (Required)</li> </ul> <p>This program is intended for swimmers who participate in Fall activities/sports that limit their ability to go to practices.</p> <p><b>Includes:</b></p> <ul style="list-style-type: none"> <li>• Up to 18 Pre-season Practices from <b>September 6<sup>th</sup> – November 3<sup>rd</sup></b> These practices maybe used periodically through the season, or saved for later in the season when your other sport ends. If you exceed 18 practices you'll be upgraded to the "Full Program package" &amp; be charged the difference in fees.</li> <li>• All YMCA Pre-season and Post-season meets</li> <li>• Awards for meets, post season, seasonal etc...</li> <li>• Team t-shirt</li> <li>• Post-season practices</li> <li>• Optional USA program (\$86)</li> </ul>

**Volunteer Requirements:**

Participants in the High School Pre/Post-Season Program are required to provide at least one volunteer shift at a Tigershark hosted meet (preferably the Rocktober Pentathlon). Please see the volunteer contract for more information.

**Participation Expectations:**

The coaches expect you to attend at least 8 practices every 2 weeks and compete in a minimum of 3 meets during the pre-season. We also strongly encourage you to participate in any Championship meets you qualify for. Please be aware, with our High School aged program numbers increasing, there may soon come a time when we cannot accommodate all swimmers, and therefore people who do not meet the minimum participation requirements may not be accepted on the team for future seasons.

**Escrow Accounts:**

Dual meets do not have any additional charges, however YMCA & USA Invitationals and USA championships will have per event fees which you will be responsible to pay through your escrow accounts.