

**CFYN Tigershark High School**  
**Pre-season/Post-season Program**

**Cost:**

- **\$190 first swimmer**  
**\$165 each additional swimmer**
- **YMCA membership costs -\$13.39/month plus tax arranged with the YMCA (Required)**

**Includes:**

- Pre-season Practices: **September 5<sup>th</sup> – October 24<sup>th</sup>**.
  - *University of Akron: Monday – Friday 4-6 pm.*
  - *Option to attend age group evening senior practice if you can not make it to the afternoon practice.*
- All YMCA Pre-season and Post-season meets
- Awards
- Team t-shirt
- Post-season practices
- Optional USA meets - \$20 for flex membership or \$65 for premium membership.

**Meet Work Requirements:**

Participants in the High School Pre/Post-Season Program are required to provide at least one person to work a shift at a Tigershark hosted meet (preferably the Rocktober Pentathlon). Please see the team service hour contract for more information.

**Participation Requirements:**

The coaches expect you to attend at least 8 practices every 2 weeks and compete in a minimum of 3 meets during the pre-season. Swimmers are also expected to compete in any Championship meets they qualify for.

**Escrow Accounts:**

Dual meets do not have any additional charges, however YMCA & USA Invitationals will have per event fees which you will be responsible to pay through your escrow accounts.