

# “Everyone Swims! Everyone Wins!”

2014

## ❖ Welcome

## ❖ Introduction of Parent Boosters

- President: Keith Turnbull..... introduces Bd members
- Volunteer & Sponsorship information

## ❖ Swim Coaches

- Dale Craddock, Rich Einsporn , Colleen Craddock, Margaret Brown, Kate Johnson, Courtney Wenzel, Megan Naim, Kristen Hampton, Jessica Gjurkovitsch, Jill Schwartz
- HS: Peter Nauman, Dan Reese

## ❖ YMCA Character Values

- Honesty, Caring, Respect, Responsibility, Faith
- Expect Swimmers, Coaches, and Parents Behavior to mirror these values

## ❖ Practices

- AU: parking passes/entrance/pick up...doors locked 8pm
- RY: swimmers show Y card
- Practice Schedule: Age grouped & ability.... move swimmers up Pentathlon, Nov 1, Dec1, and Jan1
- Don't Bring Valuables
- Suits, Caps, Goggles, Water Bottles, Flippers, Paddles, Label EVERYTHING with your name!
- No Parents on deck @RY practices, AU practice: parents sit upstairs balcony , too many to sit on deck
- Practice injuries....We're not Doctors....ice & Advil...Fever, Diarrhea, vomiting 24hr free
- Drop off 10 minutes early so they are ready when practice begins.
- Friday practice... Sunday ...

## ❖ Swim Meets

- Dual Meets
  - Full Participation;
  - Sign-up thru online program...tab on website
  - Check in with your Coach / Sign in List
  - Meet Program...Meet Computer Operator ...Event, Heat, Lane Usually on web by Saturday morning
- > Invitational Meets YMCA & USA
  - Sign-up Required, if entered will assume available for relays, NS for relays... cost
  - Voluntary Participation (Entry fees charged /event)
  - Coach Dale will add one 100stroke/200stroke to each swimmers entries
  - Website.... Click on meet to get details (cut off times, dates, warm up times,ect)USA fines \$10 no q time
- Championship Meets
  - Divisional Championship; 2/7 Full Participation; Don't plan weekend skiing trip
  - League Championship – 3/7 @ CT Branin - Must Qualify
  - Zone Championship – 3/20-22 @Oakland, MI- Must Qualify
  - Spring National Championships – 3/30to4/2 – Greensboro, NC – Must Qualify
  - USA Age Group Nationals- April 13-17? , Clearwater, FL- Must Qualify
  - Zone Relay Selection...  
Coach Dale will make all relay selections based on individual times up to and including USA Age Group Championships March 13-15 No Last Chance Meets will be used for relay selections.
- Team suits/caps required
  - All Dual Meets, All Championship Meets, All Team Invitational Meets:
  - Zone Caps worn by Zone Swimmers ONLY
  - Practice caps: any fun cap but no team caps ie. WWSC, Gators, high school caps

## ❖ Online Meet Entry Procedure

- Keith Turnbull

## ❖ USA Swimming

- Diane Kurlich...USA Swimming...Registrations

## ❖ Team Goals

- Have Fun, Improve Technique and Knowledge, Swim Better and Faster

## ❖ Please Stay Informed

- Mailboxes: YMCA (8 & Under) and Akron (9 & Over)
- Weekly EMAIL on WEDNESDAY evenings contact Keith Turnbull if not receiving weekly emails
- Check Website ( [www.cfyntigersharks.com](http://www.cfyntigersharks.com) ) couple times per week

## Misc Information:

- CFYN sponsored Invitational: Pentathlon Oct 19/ Hang Ten Jan 18
- Escrow accounts...if owe \$50... will not be entered in invitational