

CFYN Tigersharks
2019 Spring/Summer Programs

The Tigersharks are excited to offer a variety of summer programs for all levels of competitive swimmers this summer. We have programs geared toward everyone from college level swimmers to young swimmers still working on stroke technique and everyone else in between. **Please note all programs require USA Swimming memberships**

Programs	Dates	Days/Times	Location	Who should do it?
Senior Spring Long Course	4/15-5/30	Swim: M,W, TH 4:00-5:30 <u>or</u> 6:30-8:00* Tues. 4:00-6:00	Swim: Akron	This group is intended for our most skilled swimmers. College/High School and top senior swimmers from Age group level swimmers. Coach's approval required. Meet participation is expected.
Junior Spring Long Course	4/15-5/30	M,W, TH 4:00-5:30 <u>or</u> 6:30-8:00*	Swim: Akron	This program is intended for swimmers not yet ready for the senior group but are capable of handling the 1.5 hours of long course practice. Swimmers should have solid legal stroke technique and sufficient endurance. Coach's approval required. Meet participation is expected.
Spring Stroke Clinic/Beginner Long Course	4/17-5/31	M, W, & Th 5:30—6:30pm	Akron	This program is intended for less experienced swimmers. It will have a strong focus on stroke technique and it will also introduce swimmers to the longer lap distance. Swimmers should be able to complete a 50 meter length without stopping before signing up for this program. Meet participation is encouraged.
Beginner Summer Long Course	6/3 – 7/25	Swim: M-F 8:00-9:30am	Akron	Open to swimmers who completed the stroke clinic spring program and/or have the coach's permission. Focus will be on technique and increasing stamina. Participation in a minimum of 2 meets is expected.
Senior & Junior Summer Long Course	6/3 – 7/25*	Swim: M-F 8:00-10:00 am Dryland: M,Tu,W 7:00-8:00am Evening practice: Tu, W 6:00-7:30 pm	Akron Kent Roosevelt	Open to experienced competitive swimmers who are ready for more intensive training for the longer practice duration. Coaches will determine which group swimmers are placed in. Participation in a minimum of 2 meets is expected. *Swimmers achieving cut times for advanced championship meets will have their season extended to accommodate these meets at no extra charge

Summer Short Course Practice	6/4 – 7/11	Tu, W 6-7:30 pm	Kent Roosevelt	Open to Rec League swimmers who either want more challenging practices or who have trouble getting to enough morning practices. Or for Long Course swimmers who are ready to have “two-a-days”.
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***Swimmers must choose the time slot they would like to swim in at registration. Spots are limited and will be filled on a first come first served basis. Swimmers may not alternate between the two time slots.**

Pricing: All swimmers are required to be registered USA Swimming members. Please note we will not be able to prorate fees due to vacations, camps, etc...

Payment methods: We accept all major credit cards, cash, and checks. Payment plans available for Spring/Summer combo programs only.

Stroke Clinic/ Beginner Program	Cost	Booster Subsidy *	Subsidized Cost
Spring & Summer Program	\$275	(-50)	\$225
Spring Only	\$100	(-25)	\$75
Summer Only	\$200	(-25)	\$150

Junior Long Course	Cost	Booster Subsidy *	Subsidized Cost
Spring & Summer Program	\$420	(-100)	\$320
Spring Only	\$150	(-25)	\$125
Summer Only	\$310	(-75)	\$235

Senior Long Course	Cost	Booster Subsidy *	Subsidized Cost
Spring & Summer Program	\$460	(-100)	\$360
Spring Only	\$200	(-25)	\$175
Summer Only	\$310	(-75)	\$235

Evening Short Course Practice Only	Cost	Booster Subsidy	Subsidized Cost
	\$65	(-15)	\$50

*** Subsidy applies ONLY to swimmers whose immediate family had a Tigershark registered in the 2018/19 Short Course season and the family is in good standing with the team, participated in the fundraising efforts, and completed their volunteer obligations. Escrow accounts must be paid in full in order to register for the new season**

USA Membership	Cost	Description
Seasonal Membership	\$32.50	Entitles swimmers to 150 days of membership. Includes unlimited meets and championships. (Does not include meet fees).
Flex Membership	\$20	Entitles swimmers to a membership that expires on 12/31/19. Includes 2 non-championship meets. (does not include meet fees).

- **USA Membership is required of ALL long course swimmers, regardless of your desire to participate in meets.**

Registration Priority:

Lane space is limited so registrations will be accepted in the following order:

Tier 1: Swimmers who swam Tigershark short course in the 2018/19 season (high school pre-season and age group) and are in good standing with the team. (those who fulfilled their fundraising and volunteer commitments).

Tier 2: All other swimmers.

Registration Dates:

- Tuesday March 5th @ Akron U (2nd floor) 6:00-7:30 pm (Tier 1 swimmers only)
- Tuesday March 12th @ Alron U (2nd floor) 6:00-7:30 (Tier 1 & 2 Swimmers)
- Wednesday March 20th @ Riverfront YMCA 6:00-8:00 pm (Tier 1 & 2 swimmers)
- Contact the Turnbulls if these dates do not work for you.

president@cfyntigersharks.com

Payment Plans:

We will offer payment plans dividing the cost into 3 equal monthly payments for Spring/Summer combo participants or for families with multiple swimmers.

Preliminary Meet Schedule:

Schedule subject to change, final schedule will be posted on www.cfyntigersharks.com after the season begins. Entry deadlines for early summer meets may pass prior to the start of summer practices. Be sure to check the website to register for meets.

Meet Name	Date
Youngstown Season Opener	5/4
Shaker Shark	5/5
Robert F. Busbey	5/17-5/19
CCS	6/1-6/2
Solon Swim Fest	6/8-6/9
Jerry Holtrey	6/13-6/16
Freedlander	6/28-6/30
Avon Classic	7/13 -7/14
Sectional Champs	7/18-7/21
Age Group Champs	7/19-7/21
Senior Champs	7/26-7/28

Questions:

If you have any questions feel free to contact any of the following people:

- **Head Coach: Ryan Miller-** CoachRyan@cfyntigersharks.com
- **New Parent Liaison: Becky Turnbull-** Becky@cfyntigersharks.com
- **Booster Club President: Keith Turnbull-** President@cfyntigersharks.com