

GO Swimming will be hosting Bill Wadley, the Ohio State University Men's Varsity Swim Coach, at Spire on Sunday, October 11. This is an awesome opportunity for our swimmers to meet the head Buckeye and be coached by a 27-year veteran NCAA coach!

Here's the details:

10-10:45— Swim clinic for ages 7-10 year olds- \$12 for GO Swimmers; \$17 for guests

Swimmers should be able to do 50 yards of freestyle & backstroke continuously

Swimmers should be able to do 25 yards of breaststroke and butterfly

Swimmers must be comfortable being away from their parents

Swimmers must be able to follow directions in a large group setting

10:45-12:15—Swim clinic for 10-13 year olds- \$17 for GO Swimmers; \$22 for guests

Swimmers should be able to do 100 yards of freestyle & backstroke continuously

Swimmers should be able to do 50 yards of breaststroke and butterfly

Swimmers must be able to follow directions in a large group setting

1:15-3:15—Swim clinic for 13 and overs-- \$35 for GO Swimmers; \$42 for guests

Includes a FREE one hour Q & A session with Coach Wadley about collegiate swimming the recruiting process and more from 3:30-4:30pm. Parents are invited and strongly encouraged to attend!

Swimmers should be able to do 500 yards of freestyle continuously

Swimmers should be able to do 100 yards of backstroke, butterfly, & breaststroke

Swimmer should have the desire to learn the technical aspects of swimming and be

able

to apply feedback and instructions

COACHES: You're invited to participate as well- come for the whole day, or just for any part of your choice for only \$30, which also includes a lunch Q & A session with Coach Wadley for coaches! If any 10 members of your team register- one coach is invited for FREE. If any 15 members of your team register, you can send a second coach too!

Registration is OPEN NOW for all swimmers. To register, please call the Geauga YMCA at [440-285-7543](tel:440-285-7543) or register online. If you have any questions, please let me know, or contact Coach Matt.