

Covid-19 Safety Guidelines & Procedures

Parents and swimmers should read over these guidelines and procedures carefully. All swimmers and parents must agree to follow these guidelines as a condition of participation. Failure to comply with these rules and procedures may result in your swimmer being removed from practices, and/or your membership to CFYN being suspended. Please acknowledge that you've read and agree to these policies on your registration form. Please note as the situation evolves rules and procedures may change at any time during the season.

Safety Protocols:

- All unvaccinated swimmers, coaches, and spectators should wear masks (when not in the water) when attending team functions including practices, meets, and social functions. This means until it is possible for them to be fully vaccinated **all 11 & under swimmers and anyone else who remains unvaccinated** are expected to wear masks.
- Locker room facilities may be limited. Remind swimmers to remain 6 feet apart when in the locker rooms, and limit time in locker rooms as much as possible. Masks must be worn in the locker rooms for all unvaccinated swimmers.
- Athletes should arrive with their suits on under their clothes whenever possible to limit changing time in locker rooms.
- Swimmers should bring their own water bottles already filled, and clearly marked with their name. Water fountains may not be available.
- Swimmers should bring their own equipment clearly labeled with their names and should not share equipment with other swimmers.
- Any swimmer or coach experiencing any symptoms of a fever (100.4°F or higher), recent new or worsening cough, unusual fatigue, headache or has had any exposure to someone who has any symptoms, (which includes family, friends, and classmates) should remain at home and seek medical treatment. If any swimmer or coach does have a fever or symptoms of illnesses, they may not attend a practice until all symptoms have ceased. Athletes and staff may be required to see a physician and be cleared for training after being diagnosed or suspected to have COVID-19.
- Any swimmer who has been quarantined/isolated from school or other organizations due to exposure must also quarantine from the team.
- Swimmers attending meets must comply with all Covid protocols of the meet host and facility they are swimming at in addition to following all CFYN policies.

Swimmers and family members found to not be adhering to proper safety procedures may be removed from practices at any time without refund at the discretion of the coaches and board.

POSITIVE TEST PROCEDURE

Should someone test positive in our membership the following measures will take place:

1. The individual should let Coach Ryan know immediately.

2. The coaching staff will work with the proper authorities to determine if anyone else who may have been exposed needs to be notified or quarantined from the team.

3. We will notify the facility and follow all of their protocols and requirements for sanitation.

CFYN's practice policies will continue to evolve with the guidance of the State, CDC, and USA Swimming to provide the safest practices possible during this difficult time.

PLEASE ALSO REVIEW THE IMPORTANT INFORMATION AND RESOURCES BELOW REGARDING COVID19 VIRUS:

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

By signing your registration form you acknowledge that you have read and gone over this information with your swimmer and you both agree to comply with all guidelines and procedures.