

**CFYN Tigersharks**  
**2018 Summer Programs**

The Tigersharks are excited to offer a variety of summer programs for all levels of competitive swimmers this summer. We have programs geared toward everyone from college level swimmers to young swimmers still working on stroke technique and everyone else in between. Contact Coach Ryan if you have questions about which programs would best suit your swimmers. Please note all programs require USA Swimming memberships

<b>Programs</b>	<b>Dates</b>	<b>Days/Times</b>	<b>Location</b>	<b>Who should do it?</b>
<b>Spring Long Course</b>	4/16- 5/31	<b>Swim:</b> M,W, TH 4:30-6:00  <b>Dryland:</b> Tu, F 4:30-5:30	<b>Swim:</b> Akron  <b>Dryland:</b> Riverfront YMCA*	Open to any swimmer capable of swimming the longer lap distance and has the endurance for the 1.5 hr practice. Focus will be on getting in shape for the summer season.
<b>Spring Stroke Clinic</b>	4/17-5/31	Tu & Th 6:00-7:00pm	Akron	This program is intended for less experienced swimmers. It will have a strong focus on stroke technique and it will also introduce swimmers to the longer lap distance. Swimmers should be able to complete a 50 meter length without stopping before signing up for this program.
<b>Beginner Summer Long Course</b>	6/4 - 8/2	<b>Swim:</b> M-F 8:00-9:30am  <b>Dryland:</b> M,Tu,W 7:15-8:00am	Akron	Open to swimmers who are new to long course and/or not yet ready for our more intense practices. Focus will be on technique and increasing stamina. Coaches will determine which group swimmers are placed in.
<b>Advanced Summer Long Course</b>	6/4 - 8/2	<b>Swim:</b> M-F 8:00-10:00 am  <b>Dryland:</b> M,Tu,W 7:15-8:00am	Akron	Open to experienced competitive swimmers who are ready for more intensive training for the longer practice duration. Coaches will determine which group swimmers are placed in.
<b>Summer Short Course Practice</b>	6/4 – 7/11	Tu, W 6-7:30 pm	Kent Roosevelt	Open to Rec League swimmers who either want more challenging practices or who have trouble getting to enough morning practices. Or for Long Course swimmers who are ready to have “two-a-days”.

**\*Spring dryland is offered at no additional cost but does require a YMCA membership.**

**Pricing:** All swimmers are required to be registered USA Swimming members. Please note we will not be able to prorate fees due to vacations, camps, etc...

**Payment methods:** We accept all major credit cards, cash, and checks.

<b>Beginner Program</b>	<b>Cost</b>	<b>Booster Subsidy *</b>	<b>Subsidized Cost</b>
<b>Spring &amp; Summer Program</b>	\$320	(-75)	\$245
<b>Spring Only</b>	\$125	(-25)	\$100
<b>Summer Only</b>	\$260	(-50)	\$210

<b>Advanced Program</b>	<b>Cost</b>	<b>Booster Subsidy *</b>	<b>Subsidized Cost</b>
<b>Spring &amp; Summer Program</b>	\$460	(-100)	\$360
<b>Spring Only</b>	\$125	(-25)	\$100
<b>Summer Only</b>	\$380	(-75)	\$305

<b>Program</b>	<b>Cost</b>	<b>Booster Subsidy *</b>	<b>Subsidized Cost</b>
<b>Long Course Stroke Clinic</b>	\$65	\$15	\$50
<b>Evening Short Course Practices (summer)</b>	\$65 (Without summer long course registration)	N/A	\$50 (With summer long course registration)
<b>Seasonal USA Registration</b> (does not apply to swimmers who are already registered with USA swimming)	\$45	N/A	N/A

**\* Subsidy applies ONLY to swimmers whose immediate family had a Tigershark registered in the 2016/17 Short Course season and the family is in good standing with the team, participated in the fundraising efforts, and completed their volunteer obligations. Escrow accounts must be paid in full in order to register for the new season**

## Registration Dates:

- Thursday March 8th @ Akron U (concession stand classroom) 6:00-7:30 pm
- Monday March 19<sup>th</sup> @ Riverfront YMCA 5:00-7:00 pm
- Contact the Turnbills if neither of these dates work for you.  
[president@cfyntigersharks.com](mailto:president@cfyntigersharks.com)

## Payment Plans:

We will offer payment plans dividing the cost into 3 equal monthly payments for Spring/Summer combo participants or for families with multiple swimmers.

## Preliminary Meet Schedule:

Schedule subject to change, final schedule will be posted on [www.cfyntigersharks.com](http://www.cfyntigersharks.com) after the season begins. Entry deadlines for early summer meets may pass prior to the start of summer practices. Be sure to check the website to register for meets.

Meet Name	Date
Youngstown Season Opener	5/12
Robert F. Busbey	5/18-5/20
CCS	6/2-6/3
Solon Swim Fest	6/9-6/10
Jerry Holtrey	6/14-6/17
Freedlander	6/29-7/1
Avon Classic	7/7 -7/8
Sectional Champs	7/19-7/22
Age Group Champs	7/27-7/29
Senior Champs	8/3-8/5

## Questions:

If you have any questions feel free to contact any of the following people:

- **Head Coach: Ryan Miller-** [CoachRyan@cfyntigersharks.com](mailto:CoachRyan@cfyntigersharks.com)
- **New Parent Liaison: Becky Turnbull-** [Becky@cfyntigersharks.com](mailto:Becky@cfyntigersharks.com)
- **Booster Club President: Keith Turnbull-** [President@cfyntigersharks.com](mailto:President@cfyntigersharks.com)