

2013 CFYN Long Course

Location: University of Akron

<u>Spring Session:</u>	<u>Summer Session:</u>
<ul style="list-style-type: none"> • April 29th - June 6th Mon, Wed, Thur. • Dry Land 6:20-7:00pm • Pool 7:00-8:30pm 	<ul style="list-style-type: none"> • June 10th – July 29th • Dry Land 7:20-8:00 am • 10 & Under Pool 8:00 – 9:30 am • 11& Over Pool 8:00 – 10:00 am

Fee Structures:

We are pleased to offer a variety of practice options and fee structures. USA Registration is required with all options. Swimmers are expected to attend at least 2 meets and LC Champs if they qualify. All options are subject to meet surcharges as described below.

(Please note all CFYN Escrow accounts must be current in order to sign-up for long course).

Option 1: \$200

3 practice days per week. (M, W, Th)

Includes both Spring & Summer

Option 2: \$100

1 Day per week (Tuesdays Only)

Summer Session Only

Optional Extra Day \$50

Add an extra practice day to option 1 allowing 4 practices per week (M, T, W, Th)

Summer Only

Meet Only Swimmers:

Swimmers wishing to not practice Long Course but want to participate in meets will pay the meet surcharge only.

Meet Surcharge Schedule: Please see attached sheet for surcharge explanations, policies, and FAQ.

Start Date	Meet	Cost Per Swimmer
5/11/13	Youngstown	\$5.00
6/1/13	CCS	\$5.00
6/8/13	Solon Swimfest	\$5.00
6/21/13	Busby	\$11.00
7/5/13	Frelander	\$5.00
7/14/13	Parkview Sizzler	\$5.00
7/26/13	Long Course Championships	\$8.00